

## Rocksteady Band Practise



Our pupils have been thoroughly enjoying their Rocksteady band practises every Thursday! It has been fantastic to see their enthusiasm, confidence and musical skills develop each week as they learn, practise and perform together. We are so proud of the energy and commitment they are showing and look forward to hearing more from our budding musicians!

Would you like to register your child to take part? Please scan the QR code on the flyer below to find out more and register.

- No experience required and takes place in school.
- All instruments for lessons provided.
- Lessons led by highly trained musicians.
- Termly school concerts for friends and family.
- Ofqual-regulated, exam-free Trinity Music qualification.
- Learn up to 300 band, performance, and musicianship skills.

**BOOK YOUR  
CHILD'S PLACE  
ONLINE!**



0330 113 0330 (Mon-Thurs 8am-8pm, Fri 8am-6pm, local rate)

[rocksteadymusicschool.com](http://rocksteadymusicschool.com)





Lunchtime Club Fun!



A group of pupils from Year 5 have been thoroughly enjoying their weekly lunchtime club, kindly organised by Hewens College. Last week, they had lots of fun getting creative and making their very own slime! The children loved mixing, experimenting and getting stuck into this hands-on activity. There were lots of smiles, excitement and, of course, plenty of slime to take home!



Learning About Democracy and Pupil Voice





As part of our curriculum, we are helping pupils develop an understanding of democratic values and the role that informed decision-making plays in society.

Today, our Year 5 and Year 6 pupils had the opportunity to learn more about democracy and local government through a special presentation delivered jointly by **Cllr Steve Tuckwell, Leader of Hillingdon Council**, and **Cllr Darren Davis, our Ward Councillor and a former pupil of the school**.

Both councillors spoke to our pupils about democracy and local government, providing them with the opportunity to ask questions and gain a greater understanding of how democracy works within our community. It was a valuable and engaging experience for our pupils, who thoroughly enjoyed hearing directly from their local representatives.



## Hewens Primary School Guided Tours - 2026 Admissions

We are delighted to invite you to our upcoming guided tours at Hewens Primary School, where you can experience first-hand the vibrant and nurturing environment praised in our recent Ofsted inspection.

- **Morning Tour:** Thursday 19th November at 10:00am
- **Afternoon Tour:** Tuesday 20th October 2026 & Monday 18th January 2027 at 4:00pm

Visit our website to book your spot! (<https://www.hewensprimary.co.uk/open-days-at-hewens-primary-school>)

## A Peaceful School Run Workshop for Parents

### A Peaceful School Run

Getting children to school on time can feel like the most stressful part of the day. There is so much to do in such a short period of time, when children might not be ready for it. In this free workshop, you'll discover simple ways to make your school runs feel like teamwork, not a battle:

- **Create small moments of connection while still getting things done**, so that you start the day feeling closer.
- **Support your children with the big emotions that mornings can stir up**, so that emotions feel less overwhelming and you can start the day with more calm.
- **Encourage your children to take a more active role in getting ready**, which not only builds their independence but also gives you more breathing space in the morning.

You'll leave the workshop with practical steps to make your school runs more peaceful and more connected.

Online workshop via Zoom

Tuesday, September 29

Select your preferred time to register:

[1:00 - 2:00 pm](#) or [8:00 - 9:00 pm](#)



The workshop will be delivered by Una Archer, MSc. She uses a tried and tested attachment-informed framework to help parents feel more confident and navigate the challenges of parenting in a more connected and peaceful way. To find out more, visit [www.helpyourchildthrive.co.uk](http://www.helpyourchildthrive.co.uk)

We would like to invite you to a free one-hour online workshop for parents, led by psychologist Una Archer, focusing on creating a calmer and more peaceful start to the school day.

For some families, getting out of the door in the morning can be one of the most stressful parts of the day. Busy mornings, difficulties getting ready, and the pressure of leaving on time can leave both children and parents feeling overwhelmed before the school day has even begun.

This workshop offers practical ideas to help parents create a calmer emotional environment in the mornings, while supporting children to become more involved and organised in getting ready for school.

During the session, we explore:

- How to create a calm and supportive emotional environment in the mornings
- Ways to encourage children to take a more active role in getting ready
- Practical strategies to help families leave home on time

The workshop is interactive and gives parents an opportunity to reflect on their own mornings, share experiences, and explore practical strategies that can make the school run feel more manageable and peaceful.

Please see the attached poster for full session details or click on the direct links to register for your preferred time slot.

- September 29, Afternoon Session: 1:00pm - 2:00pm
- September 29, Evening Session: 8:00pm - 9:00pm

If you have any questions, please get in touch.



**Eagle  
Alliance**



**Falcon  
Alliance**



**Red Kite  
Alliance**



**Sparrowhawk  
Alliance**

## Physical Education (PE)

Please be advised that pupils should arrive at school in their Physical Education (PE) kits on the day of their PE lesson; they will remain in their PE kits for the whole day and thus are not required to bring in their school uniforms.

| Year Groups | Day of the Week for PE |
|-------------|------------------------|
| Reception   | Tuesday                |
| Year 1      | Monday                 |
| Year 2      | Wednesday              |
| Year 3      | Thursday               |
| Year 4      | Friday                 |
| Year 5      | Tuesday                |
| Year 6      | Thursday               |

## Reporting Absences

It is important to contact the School Office each morning before 9:00am if your child is absent from school. If your child has an appointment with the general practitioner (GP), dentist, or hospital, please bring in evidence of the appointment so that it can be placed on your child's record. If you are unable to contact the office, we encourage you to send an email with this information to [HPAttendance@trhat.org](mailto:HPAttendance@trhat.org). All absences will be recorded as unauthorised unless evidence is provided. Thank you for your support.

## Individual School Photographs

The school photographer is scheduled to visit on Tuesday 29th October 2026 to take individual photographs of the children. Please be advised that children must wear full school uniform for individual photographs. **For those who have Physical Education (PE) on this date, please note that this lesson will be cancelled.** As such, your child must attend in full school uniform and appropriate school shoes.

## Applying for Secondary School September 2026

We would like to inform all parents, guardians and carers of children born between 1st September 2015 and 31st August 2016 that the closing date for applications for Secondary School places to be received by the London Borough of Hillingdon is **31st October 2026**. You can apply for your child's secondary school at ([www.hillingdon.gov.uk/secondary](http://www.hillingdon.gov.uk/secondary)). You should have received information with regard to applying for your child starting secondary school via a booklet received.

## Primary School Admissions 2026

We would like to inform all parents, guardians and carers of children born between 1st September 2022 and 31st August 2023 that the closing date for applications for Primary School places to be received by the London Borough of Hillingdon is **15th January 2027**. To ensure your application arrives on time and in order to give your child the best possible chance of being offered the school of your choice, we would advise that you submit your applications prior to the Christmas holiday period. Further information can be found on ([www.hillingdon.gov.uk/primary](http://www.hillingdon.gov.uk/primary)). You will receive information with regard to applying for your child starting primary school shortly via email.

|               |                                               |
|---------------|-----------------------------------------------|
|               | Week Commencing: <i>Monday 28th September</i> |
| <b>MENU 1</b> |                                               |

| MONDAY                                                                             |                                                                  |                                 |
|------------------------------------------------------------------------------------|------------------------------------------------------------------|---------------------------------|
| Meal Choice 1                                                                      | Chicken Goujons with Homemade Oven Baked Potato Slices and Beans | Halal                           |
| Meal Choice 2                                                                      | Chicken Goujons with Homemade Oven Baked Potato Slices and Beans | Non Halal                       |
| Meal Choice 3                                                                      | Baked Jacket Potato with Various Fillings                        | Vegetarian                      |
| Dessert Choice                                                                     | <i>Strawberry Ice Cream and Fresh Strawberries</i>               | <i>Fresh Fruit and Yoghurts</i> |
| TUESDAY                                                                            |                                                                  |                                 |
| Meal Choice 1                                                                      | Spaghetti Bolognese                                              | Halal                           |
| Meal Choice 2                                                                      | Spaghetti Bolognese                                              | Non Halal                       |
| Meal Choice 3                                                                      | Ratatouille Spaghetti                                            | Vegetarian                      |
| Dessert Choice                                                                     | <i>Jam Sponge</i>                                                | <i>Fresh Fruit and Yoghurts</i> |
| WEDNESDAY                                                                          |                                                                  |                                 |
| Meal Choice 1                                                                      | Chicken Tikka Masala with Rice                                   | Halal                           |
| Meal Choice 2                                                                      | Chicken Tikka Masala with Rice                                   | Non Halal                       |
| Meal Choice 3                                                                      | Macaroni Cheese                                                  | Vegetarian                      |
| Dessert Choice                                                                     | <i>Lemon Tart</i>                                                | <i>Fresh Fruit and Yoghurts</i> |
| THURSDAY                                                                           |                                                                  |                                 |
| Meal Choice 1                                                                      | Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing       | Halal                           |
| Meal Choice 2                                                                      | Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing       | Non Halal                       |
| Meal Choice 3                                                                      | Cauliflower and Broccoli Cheese Bake                             | Vegetarian                      |
| Dessert Choice                                                                     | <i>Strawberry Jelly</i>                                          | <i>Fresh Fruit and Yoghurts</i> |
| FRIDAY                                                                             |                                                                  |                                 |
| Meal Choice 1                                                                      | Fish Fingers with Oven Baked Potato Wedges                       | Vegetarian                      |
| Meal Choice 2                                                                      | Tomato Pasta Bake                                                |                                 |
| Meal Choice 3                                                                      | Vegetable Fingers with Oven Baked Potato Wedges                  |                                 |
| Dessert Choice                                                                     | <i>Fresh Fruit Salad</i>                                         | <i>Fresh Fruit and Yoghurts</i> |
| <i>Please note that all main meals are served with Fresh Vegetables of the Day</i> |                                                                  |                                 |

## Term Dates - 2026 to 2027

The 2026 to 2027 term dates are detailed on our website and can be accessed via ([www.hewensprimary.co.uk/term-dates](http://www.hewensprimary.co.uk/term-dates)). Please check these dates, as they will be particularly helpful to parents, guardians or carers planning family holidays and activities.

|                                                                                                                             |                                          |                                                      |
|-----------------------------------------------------------------------------------------------------------------------------|------------------------------------------|------------------------------------------------------|
|  <h1>SEPTEMBER TO NOVEMBER<br/>2026</h1> |                                          |                                                      |
| SEPTEMBER                                                                                                                   |                                          |                                                      |
| Tuesday 29th                                                                                                                | Individual School Photographs            |                                                      |
| OCTOBER                                                                                                                     |                                          |                                                      |
| Monday 5th to Friday 9th                                                                                                    | Young Voices Auditions<br>(Years 4 to 6) |                                                      |
| Monday 5th                                                                                                                  |                                          | Black History Month Assembly                         |
| Wednesday 14th                                                                                                              | 8:45am                                   | Tapestry Training - Nursery<br>Parents               |
| Thursday 15th                                                                                                               | 8:45am                                   | Tapestry Training - Reception<br>Parents             |
| Tuesday 20th                                                                                                                | 4:00pm                                   | Guided Tour - Reception<br>Admissions September 2027 |
| Friday 23rd                                                                                                                 | 9:15am                                   | Pinning Ceremony - School<br>Council Leaders         |
| Monday 26th to Friday 30th                                                                                                  | Half Term Holidays                       |                                                      |
| NOVEMBER                                                                                                                    |                                          |                                                      |
| Thursday 5th                                                                                                                | 8:50am                                   | Year 6 SATs Parent Workshop                          |
| Friday 13th                                                                                                                 | Children in Need (Themed Day)            |                                                      |