

Junior Citizens Event



On Monday 12th January 2026, our Year 6 pupils visited Brunel University to take part in the Junior Citizens event. During their visit, pupils rotated through a range of interactive stations led by key organisations, including the London Fire Brigade, the Metropolitan Police, road safety teams, water safety specialists, Transport for London, online safety advisors, and professionals discussing drugs and alcohol awareness. The sessions were engaging and informative, helping pupils to develop practical knowledge and skills to stay safe and make responsible choices as they grow older. The visit was an excellent opportunity for real-life learning, and the children represented the school exceptionally well.



What do you know about Rivers?



Over the Christmas break, the Year 5 pupils were busy working on projects centered around the fascinating topic of rivers. They explored how rivers are formed, their key features, and the important role they play in shaping landscapes and supporting wildlife and communities. The projects showcased a wonderful range of creativity which included detailed and thoughtfully constructed models. The pupils returned to school proud to share their learning, demonstrating excellent research skills and enthusiasm for geography and for their new topic.



Year 1 Phonics and Year 6 SATs Practice Papers

We would like to remind parents, guardians and carers that during the week commencing 19th January 2026, children in Year 1 will be practising for their Phonics assessments, while pupils in Year 6 will be sitting their practice SATs. It is extremely important that they attend school every day. Please also remember that a good breakfast is always essential to start the day, particularly when children are sitting tests. Research has shown that children who eat a healthy breakfast have improved alertness, concentration, mood, memory and overall mental performance.

Hearing and Vision Screening – Reception

On Monday 19th January 2026, Hearing and Vision Screening will be conducted for our Reception pupils to ensure their sensory development is on track. This routine check helps to identify any potential concerns early, supporting their learning and well-being.

Indoor Pedestrian Training – Reception and Year 1

On Wednesday 21st January, Reception and Year 1 will be taking part in an Indoor Pedestrian Training session. The sessions will last for 30 minutes, where the children will learn about keeping safe as a pedestrian.

Urgent Dental Care – Help Available 24/7

Go to **111.nhs.uk**

for urgent
dental
advice



Open
24/7

The NHS wants to help raise awareness of the urgent dental care services available to children and adults through NHS 111. More emergency dental appointments have been made available this year, and these can now be accessed by contacting NHS 111. If your child or a family member is experiencing serious dental pain, swelling, or a dental injury, help is available quickly – even if you don't have a regular dentist. Click below to find out when and how NHS 111 can support you and your family. Visit our website for more information from the NHS:

[<https://www.therosedalehewensacademytrust.co.uk/urgent-dental-care-help-available-24-7-through-nhs-111>]

BOUNCE: Self-Esteem and Resilience Building Programme for Children Aged 8+



THE
ROSEDALE
HEWENS
ACADEMY TRUST



HILLINGDON
LONDON

BOUNCE: Self-esteem and Resilience Building Programme for Children Aged 8 plus in Primary School



Every Friday from Friday 16th January
to Friday 27th March 2026
4:15pm to 6:15pm | Hayes Family Hub, College
Way, Hayes, UB3 3BB

www.therosedalehewensacademytrust.co.uk

The London Borough of Hillingdon Youth Offer Targeted Team is excited to introduce **BOUNCE**, a free group intervention programme designed for primary school children **aged 8 years and above** who need support in building self-esteem and resilience. This interactive and therapeutic programme helps children develop confidence and coping strategies for life's challenges.

Programme Details:

- Duration: 9-week programme (attendance at all sessions is required)
- Dates: Every Friday from 16th January to 27th March 2026
- Time: 4:15 PM – 6:15 PM
- Location: Hayes Family Hub, College Way, Hayes, UB3 3BB
- Cost: FREE of charge

Parents, Guardians and Carers can refer their child by completing the **Referral Form** below:

[<https://www.therosedalehewensacademytrust.co.uk/news-and-events-1/latest-news/bounce-self-esteem-and-resilience-building-programme-for-children-aged-8>]

Updating Email Addresses

We kindly ask all parents, guardians and carers to ensure that we have an up-to-date email address for both parents on the school system, as all communication is currently being sent via email. You can provide this information by either emailing the school office account or completing the contact details form available at the School Office.



Eagle Alliance



Falcon Alliance



Red Kite Alliance



Sparrowhawk Alliance

Save the Date! Education & SEND Parent Event



Visit the Civic Centre, Uxbridge on Monday, 26th January 2026, from 10:00am to 2:00pm for an essential event dedicated to supporting families and children with Special Educational Needs and Disabilities (SEND).

This is your opportunity to:

- Hear from experts including the SEND Advisory Team, Children's Integrated Therapies, SENDIASS, Parent Carer Forum, Local Offer, and Family Hubs
- Access valuable resources and advice to help your child thrive
- Connect with professionals and other parents for guidance and support

Spaces are limited and offered on a first-come, first-served basis, so don't miss out! Reserve your place today by completing the registration form below.

Let's work together to make a positive difference for children and families in our community.

Register your spot here:

(<https://www.therosedalehewensacademytrust.co.uk/save-the-date-education-and-send-parent-event>)

Term Dates - 2025 to 2026

Half Term: Monday 16th to Friday 20th February 2026
Term Ends: Friday 27th March 2026

SUMMER TERM 2026

Staff Training: **Monday 13th April 2026**
 (Half day)
 [Training – morning only]
 [Parent Consultation – afternoon and early evening]

Staff Training: **Tuesday 14th April 2026**
 (Half day)
 [Training – morning only]
 [Parent Consultation - afternoon and early evening]

Term Begins: **Wednesday 15th April 2026**

Bank Holiday: **Monday 4th May 2026 (May Day)**

Half Term: **Monday 25th to Friday 29th May 2026**

Term Ends: **Friday 17th July 2026**

Staff Training: **Monday 20th July 2026**

Staff Training: **Tuesday 21st July 2026**

The 2025 to 2026 term dates are detailed on our website and can be accessed via (www.hewensprimary.co.uk/term-dates). Please check these dates, as they will be particularly helpful to parents, guardians or carers planning family holidays and activities.

	Week Commencing: Monday 19th January
MENU 3	

MONDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 3	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Beef Lasagne with Fresh Salad	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 3	Vegetarian Lasagne with Fresh Salad	Vegetarian
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 3	Baked Jacket Potato with Various Fillings	Vegetarian
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Vignola Quinoa in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	Vegetarian
Meal Choice 2	Macaroni Cheese	
Meal Choice 3	Vegetable Fingers with Oven Baked Potato Wedges	
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

JANUARY TO FEBRUARY 2026	
JANUARY	
Monday 19th to Friday 23rd	Practice Papers - Phonics (Year 1) and SATs (Year 6)
Monday 19th	Hearing & Vision Screening - Reception
Tuesday 20th	Police Visit for Reception Pupils
Wednesday 21st	Reception Pedestrian Training Year 1 Pedestrian Training
Monday 26th to Friday 30th	Life Base Education Workshops
Monday 26th	Firefighter Visit for Reception Pupils
FEBRUARY	
Monday 2nd to Sunday 8th	National Storytelling Week
Wednesday 4th	Young Voices Concert
Friday 6th	NSPCC Number Day Time to Talk Day
Monday 9th to Friday 13th	Children's Mental Health Week
Tuesday 10th	Safer Internet Day
Wednesday 11th	International Day of Women and Girls in Science
Monday 16th to Friday 20th	Half Term Break