Reception: Spring 1 WHAT WILL YOUR CHILD LEARN THIS HALF TERM?

Topic: Let's be safe and healthy Key Question: How can I stay safe and healthy?

LITERACY

Children will explore how to keep their bodies safe and healthy through stories such as Me and My Amazing Body, The Busy Body Book, and People Who Help Us. They will learn new vocabulary, talk about their own experiences, and use these texts to build their early speaking, listening, and comprehension skills.

MATHEMATICS

Children will continue to develop their understanding of number by exploring cardinality, subitising, and finding one more or one less. They will work on addition and subtraction within ten using new strategies such as the number line, and deepen their understanding of number composition, including number bonds to ten.
They will also begin to decompose 2D shapes to explore how shapes can be made, combined, and changed.

UNDERSTANDING THE WORLD

The children will explore the people, places, and environments that help us stay safe and healthy. They will learn about doctors, nurses, firefighters, and family members, as well as how rules and routines help us stay well.

Children will observe changes in the natural world, notice the effects of the seasons, and investigate how exercise, healthy foods, and good hygiene support growth and wellbeing.
They will also use simple tools and digital resources to explore healthy living and develop their understanding of cause and effect.

EXPRESSIVE ARTS AND DESIGN

We love a good performance!
The children will watch and discuss dance and performance art, sharing their feelings and responses.
They will sing individually and in groups, increasingly matching pitch and following the melody.
They will also explore and engage in music-making and dance, performing both solo and collaboratively in groups.

PERSONAL SOCIAL AND EMOTIONAL

The children will learn about and discuss the different factors that support their overall health and wellbeing, including:

Regular physical activity
Healthy eating Toothbrushing
Sensible amounts of screen time
Maintaining a good sleep routine
Being a safe pedestrian

PHYSICAL DEVELOPMENT

Children in Reception will continue to develop and refine a range of ball skills, including throwing, catching, kicking, passing, batting, and aiming.
They will build confidence, competence, precision, and accuracy when taking part in activities involving a ball.
They will also develop the foundations of a handwriting style that is fast, accurate, and efficient.
Finally, they will further develop the skills needed to manage the school day successfully, including lining up, queuing, and managing mealtimes.

COMMUNICATION AND LANGUAGE

This term, children will develop their speaking and listening skills through stories, discussions, and activities about staying safe and healthy. They will learn new vocabulary related to the body, health, and safety, and begin to explore “how” and “why” questions about healthy habits.
Children will share their own experiences, describe processes such as washing hands or exercising, and take part in role play and group discussions to communicate their ideas clearly.

PHONICS SOUNDS AND TRICKY WORDS

This term, children will continue to follow the Read Write Inc. (RWI) phonics programme and will be grouped according to their individual pace and ability.
Children reviewing Set 1 sounds will continue to learn four new sounds each week, focusing on blending sounds for reading and segmenting them for spelling.
Children learning Set 2 sounds will explore additional “special friends” (digraphs) to support their reading and writing.
Each group will be assessed half-termly to track progress and ensure that learning is tailored to each child’s needs.