

Pinning Ceremony



On Friday, 24th October 2025, Hewens Primary proudly held its annual Pupil Leadership Pinning Ceremony. The event celebrated our newly appointed Class Prefects, Peer Mentors, Librarians, and Pupil Voice Representatives, along with our distinguished Head Boy, Head Girl, and their Deputies.

In a heartwarming moment, parents, guardians and carers were invited to pin the badges onto the pupils, symbolising their trust and partnership in nurturing leadership and responsibility.

The entire ceremony was pupil-led, showcasing the confidence, teamwork and dedication of our young leaders. Their enthusiasm and sense of pride truly reflected the values we uphold as a school community. Congratulations to all our pupil leaders for taking on these important roles. We look forward to seeing the positive impact you will make across our school this year!





Safeguarding our Children

Please can all parents, guardians and carers be mindful of safeguarding and safety during drop off and collection times. It has been observed that some drivers are becoming reckless when driving down Hewens Road and parking directly outside the school gates in the "Keep Clear" section. Please note these precautions and signage are in place to ensure the safety of all pedestrians and neighbours when outside the school courtyard. We ask everyone to continue to show consideration for pedestrians, pupils and neighbours during busy times. Thank you for your support and cooperation with this.

Supporting Victims of Hurricane Melissa

Our thoughts are with all those affected by **Hurricane Melissa**, one of the strongest hurricanes to ever make landfall, which has caused widespread devastation across parts of the Caribbean. Many families have lost their homes and belongings, and communities are now facing significant challenges in rebuilding their lives.

If you are able to, we kindly encourage you to consider making a donation to support the victims of this disaster. Contributions can be made securely through the official Government of Jamaica Disaster Relief Fund website: (<https://supportjamaica.gov.jm/>). Every donation, no matter the size, will go a long way in helping provide essential supplies, shelter, and long-term recovery support to those most in need.

School Council Month

The month of November will be celebrated as School Council Month. At Hewens Primary School, we will be promoting pupils' voice through our newly established School Council and Pupil Leadership Teams for 2025 to 2026 from Reception to Year 6. All pupils appointed a role attended the Pinning Ceremony, where they proudly received their leadership badges and official mandates for the school year. The Leadership opportunities that were available through our Pupil Leadership and School Council this year are:

- Head Boy and Girl
- Deputy Head Boys and Girls
- Alliance Captains
- Class Prefects
- Librarians
- Peer Mentor
- School Council / Pupil Voice
- Fruit Ambassadors

During our School Council meetings, we will decide on Spring and Summer term activities relating to health, safety, safeguarding and well-being. School Council meetings will be held every 4 weeks on a Friday afternoon and it is expected that they will include the views of the other pupils in their classes and feedback regarding decisions taken.

Updating Email Addresses

We kindly ask all parents, guardians and carers to ensure that we have an up-to-date email address for both parents on the school system, as all communication is currently being sent via email. You can provide this information by emailing the school office account.

Enrichment Clubs – Autumn Term

Our Autumn Term enrichment clubs will run until Wednesday 26th November and Thursday 27th November 2025. All clubs are held on Wednesdays and Thursdays each week, and take place immediately after dismissal until 4:15pm.

If you are unsure which group your child is in, please contact the School Office for clarification.

Daylight Savings Safety Plans

	PARENTS, GUARDIANS & CARERS HAVE A PERSONAL SAFETY CONVERSATION WITH THEIR CHILDREN.		WHERE POSSIBLE STUDENTS WALK/TRAVEL IN PAIRS OR GROUPS TO AND FROM SCHOOL.
IF THEY ARE CONCERNED ABOUT THEIR SAFETY PLEASE CALL THE POLICE.			WALK DOWN MAIN ROADS/ROUTES THAT ARE WELL LIT. AVOID GOING THROUGH PARKS, ALLEYS OR OTHER UNLIT OR POORLY LIT AREAS.
	STUDENTS SHOULD HAVE A SET ROUTE TO AND FROM SCHOOL THAT IS DISCUSSED WITH PARENTS, GUARDIANS & CARERS.		ENSURE THEY ARE ALERT TO THE ENVIRONMENT AROUND THEM, AVOID WEARING HEADPHONES OR BEING DISTRACTED BY MOBILE PHONES AND OTHER DEVICES.
		Daylight Savings SAFETY PLANS...	

We are fast approaching winter, clocks have already gone back and the daylight hours have become shorter. Over the coming months pupils may find themselves travelling to and from school during the hours of darkness. Pupils and their parents are reminded that in order to maximise their safety on their journeys to and from school we recommend:

- Where possible they walk/travel in pairs or groups to and from school.
- Walk down main roads/routes that are well lit. Avoid going through parks, alleys or other unlit or poorly lit areas.
- Ensure they are alert to the environment around them, avoid wearing headphones or being distracted by mobile phones and other devices.
- Pupils should have a set route to and from school that is discussed with parents and carers.
- Parents and carers should have a personal safety conversation with their children.
- If you are ever concerned about their safety, please contact the police immediately.

Please take a look at the Walk Safe App, to see if this is something suitable for you and your family to use. The link for the app can be found on our website:

(<https://www.therosedalehewensacademytrust.co.uk/daylight-savings-safety-plans>).

Anti-bullying Week



The theme for Anti-Bullying Week 2025 is: Power for Good, which encourages everyone to use their unique strengths to stand up to bullying. It aims to empower children to speak out, support others and help build a more inclusive and kinder world. Anti-Bullying Week will take place from Monday 10th to Friday 14th November. On Monday 10th November, pupils and staff are encouraged to wear odd socks to celebrate what makes them unique. Bullying has a long-lasting effect on those who experience and witness it. At our school, we are committed to creating a safe, respectful and inclusive environment where every pupil feels valued and supported. During the week we will be having numerous discussions with the children and complete different activities such as making presentations, posters or brochures about how we can reduce bullying whether it is verbal, physical, online or in-person.

Recycling Week

Next week, Hewens Primary School will be raising awareness about recycling and celebrating sustainability together as National Recycling Week - a US based observance that encourages schools and communities to reflect on their recycling habits and celebrate positive change. Although the UK's official **Recycle Week** took place earlier this year, we're using this opportunity to continue building awareness and good habits around waste and sustainability. This week is a chance for schools, families, and communities to focus on the impact of everyday choices and improve recycling efforts - and we're joining in! **Together, let's build a greener future for our children. Thank you for supporting our efforts!**

Remembrance Day

Remembrance Day is held on the 11th of November. A two-minute silence is always held at the 11th hour, of the 11th day, of the 11th month of the year to remember the millions who have died at war. During Personal, Social, Health and Economic (PSHE) Education lessons, the children will delve deeper into the history of Remembrance Day to understand its significance. At 11:00am, there will be a two-minute silence observed to commemorate the day and remember all those who died during World War I and subsequent conflicts.

Book Fair



The Book Fair will be arriving at school from Tuesday 11th to Monday 17th November and will be open from 3:15 to 3:45pm, in the Library Area. All payments can be made online by clicking on the following link:

[\[https://bookfairs.scholastic.co.uk/pay/1454217\]](https://bookfairs.scholastic.co.uk/pay/1454217).

You will need to enter the School's postcode which is UB4 8JP and follow the instructions on screen. We would like to invite all parents, guardians and carers to come and support this event.

Topic Workshops

Next week, pupils in Years 2 and 3 will take part in interactive topic workshops. The workshops are being held to inspire an interest in the topics they have learnt.

Most importantly, the children will garner first-hand experience about the topics through storytelling and drama. Please ensure that your child does not miss out on this engaging learning experience!

Banji Alexander's Visit

We are thrilled to announce that Banji Alexander, author of the popular children's book *Lockdown Looms: Reggie's Birthday Party*, will be visiting Hewens Primary School on **Wednesday 12th November!** To celebrate this special occasion Banji will host a school assembly, sharing insights into his writing journey and the inspiration behind his book.

At the end of the day, he will hold a book signing session for children who have pre-ordered his book. Copies of *Lockdown Looms: Reggie's Birthday Party* are available to pre-order via [\[https://www.ipayimpact.co.uk/IPI/Account/LogOn\]](https://www.ipayimpact.co.uk/IPI/Account/LogOn) for **£10 each**. Banji will personally bring and sign the books on the day of his visit. Full details have been emailed to parents, guardians and carers this week.

To make the day even more memorable, we invite all children to wear a **funky hat** to school as a fun and creative way to welcome our special guest! If you have any questions, please don't hesitate to contact the School Office. **Let's make this a day to remember!**

Children in Need - Friday 14th November 2025

On Friday 14th November, we would like all children to come into school wearing something spotty in support of Children in Need. To help raise funds for the charity, we would appreciate a donation of £1 that will be given to the cause.

Hewens Primary School Guided Tours



HEWENS PRIMARY

Guided Tours at Hewens Primary School

Book A Spot On Our Website!

Visit us to see why Hewens Primary School is a perfect first choice...

We are delighted to invite you to our upcoming guided tours at Hewens Primary School, where you can experience first-hand the vibrant and nurturing environment praised in our recent Ofsted inspection.

Morning Tour: Tuesday 18th November 2025 at 10:00am
 Afternoon Tour: Thursday 27th November 2025 at 4:00pm
 Visit our website to book your spot!

<https://www.hewensprimary.co.uk/latest-news/guided-tours-2026-admissions>

Raising the Issue of Weight - Free online Workshop

Are you a parent who wants to feel more confident talking to your child about health, food, and weight in a kind and supportive way? Join us for a free online workshop especially for parents and carers in Hillingdon. This session will help you explore how to have compassionate, practical conversations about health and weight with your child without shame, pressure, or confusion.

On: Wednesday 19th November 2025
 Time: Either 10:00 - 11:00am or 7:00 - 8:00pm
 Reserve your spot now:



10:00am
<https://beezee.maximusuk.co.uk/events/healthy-weight-masterclass-hillingdon-1/>

7:00pm
<https://beezee.maximusuk.co.uk/events/healthy-weight-masterclass-hillingdon-2/>

What you'll gain:

- Tools to talk about health and weight with kindness and confidence
- Strategies to support your child's wellbeing without focusing on appearance
- Tips for using positive language and role modelling healthy habits
- Guidance on how to respond when your child brings up weight or body image
- Ideas for making small, sustainable changes as a family
- Support with referrals into local programmes

Flu Vaccinations – Monday 8th December 2025

<p>NASAL VACCINE</p> <p>No needles - just quick, painless, effective flu protection <small>(contains gelatine)</small></p> 	<p>OR</p>	<p>THE INJECTION</p> <p>We offer a PORK-FREE, GELATINE-FREE injection considered a faith-friendly alternative.</p> 
--	-----------	---






On Monday 8th December, our local Immunisation Team will be revisiting us to offer the injection to those that didn't receive it on Monday 20th October 2025. If you would still like your child to receive the flu nasal vaccine or the injection, please complete the consent form via the link:

<https://nwl.schoolvaccination.uk/flu/2025/hillingdon>.

Parent, Guardian and Carer Programmes

Parent/Carer Programmes in Hillingdon

All courses are free and led by qualified and trained practitioners.

	<p>Your Bump and Beyond (YBB)</p> <p>Overview For parents to be, after your first scan. Get ready for parenthood with friendly workshops led by a midwife and the Family Hub team—covering labour, baby care, safer sleep, and more.</p>
	<p>The Nurturing Programme</p> <p>Overview For parents/carers of children aged 0 to 8 years. Learn practical tips for managing behaviour, using praise, enjoying quality time, and boosting your child's self-esteem.</p>
	<p>Exploring Parenting Together</p> <p>Overview For parents/carers of children aged 0 to 8 years. Gain tips on behaviour, praise, quality time & self-esteem, through interactive sessions.</p>
	<p>Triple P Group</p> <p>Overview For parents/carers of children aged 5 to 11 years. Discover simple, positive parenting strategies to support your child's behaviour, build good habits, and grow your confidence.</p>
	<p>Triple P for Teens</p> <p>Overview For parents/carers of children aged 12 to 16 years. Build strong relationships with your teen while learning to encourage positive behaviour, manage challenges, and offer support through tricky situations.</p>
	<p>Parenting Apart Programme (PAP)</p> <p>Overview Support for parents navigating conflict, separation, or divorce. This programme supports parents to create an agreement that is focused on the child(ren)'s emotional wellbeing. Both parents must agree to join the programme.</p>

Discover a wide range of free, expert-led programmes designed to support parents, guardians and carers at every stage of their child's development. From antenatal workshops to tailored sessions for families navigating separation, or adolescence. The document below outlines practical, inclusive, and accessible support available across Hillingdon. Whether you're preparing for a new arrival or looking for strategies to strengthen family relationships, explore what's on offer and find the right course for your needs. All courses are free and led by qualified and trained practitioners. Visit our website to view more details of the programmes:

<https://www.therosedalehewensacademytrust.co.uk/parent-guardian-and-carer-programmes-in-hillingdon>



Eagle Alliance



Falcon Alliance



Red Kite Alliance



Sparrowhawk Alliance

Social Media and Age Restrictions: What Parents Need to Know

Social Media and Age Restrictions: What Parents Need to Know

Most social media platforms are not legal for children under 13 years old in the UK. This includes popular apps such as:

- TikTok
- Instagram
- Snapchat
- Facebook
- Discord



(Minimum age for these platforms: 13+)

Most social media platforms are not legal for children under 13 years old in the UK. This includes popular apps such as: TikTok, Instagram, Snapchat, Facebook and Discord, the Minimum age for these platforms: 13+. Children under 13 years old should not be using these apps without parental supervision. Early and unsupervised use of social media can lead to:

- Less focus on schoolwork and lower grades
- Poor sleep and tiredness in class
- Stress, bullying, or unsafe contact with strangers
- Weaker progress and poorer long-term results

How You Can Help

- Talk with your child about staying safe online
- Set clear limits on phone and app use—especially before bedtime
- Encourage healthy habits and open conversations about online experiences. Visit our website for more details:

<https://www.therosedalehewensacademytrust.co.uk/social-media-and-age-restrictions-what-parents-need-to-know>

Primary School Admissions 2026

We would like to inform all parents, guardians and carers of children born between 1st September 2021 and 31st August 2022 that the closing date for applications for Primary School places to be received by the London Borough of Hillingdon is **15th January 2026**.

To ensure your application arrives on time and in order to give your child the best possible chance of being offered the school of your choice, we would advise that you submit your applications prior to the Christmas holiday period.

Further information can be found on www.hillingdon.gov.uk/primary. You will have received information with regard to applying for your child starting primary school via email however if you have any issues, please speak with the school office or the class teacher.

	Week Commencing: <i>Monday 10th November</i>
MENU 2	

MONDAY		
Meal Choice 1	Beef Meatball Pasta Bake	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Non Halal
Meal Choice 3	Vegetable Meatball Pasta Bake	Vegetarian
Dessert Choice	<i>Strawberry Mousse with Fresh Strawberries</i>	<i>Fresh Fruit and Yoghurts</i>
TUESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 3	Creamy Pasta Bake	Vegetarian
Dessert Choice	<i>Chocolate Sponge</i>	<i>Fresh Fruit and Yoghurts</i>
WEDNESDAY		
Meal Choice 1	Baked Jacket Potato with Fillings <i>[sliced chicken, salad, coleslaw, tuna]</i>	
Meal Choice 2	Sweet Potato with Fillings <i>[sliced chicken, salad, coleslaw, tuna]</i>	Vegetarian
Dessert Choice	<i>Fruit Tarts</i>	<i>Fresh Fruit and Yoghurts</i>
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart with Roast Potatoes, Stuffing and Onion Gravy	Vegetarian
Meal Choice 4	Vegetable Goujons with Roast Potatoes, Stuffing and Onion Gravy	
Dessert Choice	<i>Vanilla Cheesecake</i>	<i>Fresh Fruit and Yoghurts</i>
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Vegetable Fingers with Oven Baked Potato Wedges	Vegetarian
Meal Choice 3	Vegetable Tomato Pasta Bake	
Dessert Choice	<i>Apple Pie</i>	<i>Fresh Fruit and Yoghurts</i>
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

	NOVEMBER 2025
NOVEMBER	
Monday 10th to Friday 14th	Anti-bullying Week National Recycling Week
Monday 10th	Odd Socks Day
Tuesday 11th to Monday 17th	Travelling Books: Book Fair
Tuesday 11th	Remembrance Day Great Plague and Fire of London Workshop - Year 2 Romans Workshop - Year 3
Wednesday 12th	The Author: Banji Alexander's Visit
Thursday 13th	Exam Anxiety Session - Year 6
Friday 14th	Children in Need (Themed Day)
Monday 17th to Friday 21st	Practice Papers - Phonics (Year 1) Road Safety Week
Monday 17th to Thursday 20th	Year 6 Bikeability Course
Tuesday 18th	10:00am Guided Tour for Potential Parents
Tuesday 18th to Thursday 20th	England Rocks - TTRS Competition
Wednesday 19th	Year 5 Pedestrian Training
Monday 24th to Friday 28th	Practice Papers - SATs (Year 6) UK Parliament Week
Monday 24th	WWII Workshop - Year 6
Tuesday 25th	Tudor Workshop - Year 5 Egyptians Workshop - Year 4