

World Mental Health Day



To raise aware for World Mental Health Day, Cherry Class have been talking about their own mental health and what they should do when they have certain feelings.

They have created their own feeling monsters to represent the many feelings they have, in an artistic way.



Lets Get Active!





The children in the Reception classes have started PE and are developing gross and fine motor skills and spatial awareness. They are also developing their listening skills in order to follow the instructions from the teacher.

They enjoyed the activities very much!



Primary School Admissions 2023

We would like to inform all parents, guardians and carers of children born between 1st September 2018 and 31st August 2019 that the closing date for applications for Primary School places to be received by the London Borough of Hillingdon, by post or online, is midnight on **Sunday 15th January 2023**. To ensure your application arrives on time and in order to give your child the best possible chance of being offered the school of your choice, we would advise that you submit your applications prior to the Christmas holiday period. The London Borough of Hillingdon states on their website that they cannot be held responsible for any delays in applications due to problems with postal or Internet service providers. Further information can be found on (<https://www.hillingdon.gov.uk/primary>) or by telephoning the School Placement and Admission Team at the Civic Centre, Uxbridge on 01895 556644.

Black History Month - October 2022

At Hewens Primary School, we will be honouring the contributions made to society by people of Black heritage and their communities. On Friday 21st October, we will host a special celebration assembly at 2:00pm in the Quad Area to commemorate Black History Month.

Fun Clubs Begin

Please note all clubs will be held on Wednesdays and Thursdays each week and will run until Wednesday 30th November and Thursday 1st December. **Please note** we have designed a system of two groups **for sports club only**. Below highlights the dates each group will run over the course of the autumn term.

Group One - Thursday 6th October 2022 till Thursday 3rd November 2022

Group Two - Thursday 10th November 2022 till Thursday 1st December 2022

All clubs will start straight after dismissal and will finish at 4:30pm.

Early Essence Training

Parents, guardians and carers of children in Nursery and Reception are invited to an Early Essence Training Workshop on Tuesday 18th October for Nursery Parents and Wednesday 19th October for Reception Parents. All workshops will take place at 9:00am in the Computer Suite area.

Hillingdon Multi-skills Panathlon

On Friday 20th October, Hewens Primary School will be taking part in the Hillingdon Multi-skills Panathlon Competition. We have selected 8 children across Key Stage 2 to represent the School. If you received a letter for your child, please ensure you return the reply slip as soon as possible. Thank you.

Odds Farm Park - Year 1 Trip

On Friday 21st October, the Year 1 children will be attending the Odds Farm Park in High Wycombe. We would like to remind parents, guardians and carers that the reply slip and payment for the Odds Farm Park are due by Friday 14th October. **All payments should be made through your child's iPayimpact account.**

End of Term – Friday 22nd October

School will be closed from Monday 24th to Friday 28th October for the Half Term holiday. We finish at our normal time on Friday 21st October at 3:15/3:30pm. School opens again on Monday 31st October at the normal time of 8:30/8:45am. It is essential that your child arrives on time as lessons will begin promptly.

Safeguarding our Children

Please can all parents, guardians and carers be mindful of the safeguarding aspects for drop off and collection times. It has been noted that children are being left unattended during these times at the School entrance. Please ensure you keep your child/children with you at all times when outside the School court yard to avoid any incidents.

Applying for Secondary School September 2023

We would like to inform all parents, guardians and carers of children born between 1st September 2011 and 31st August 2012 that the closing date for applications for Secondary School places to be received by the London Borough of Hillingdon, by post or online, is **Monday 31st October 2022**. To ensure your application arrives on time and in order to give your child the best possible chance of being offered the school of your choice, we would advise that you submit your applications no later than Friday 21st October to ensure that it is received by the published deadline. You can apply for your child's secondary school at (<https://www.hillingdon.gov.uk/secondary>). You will have received information with regard to applying for your child starting secondary school. If you did not receive this information, please speak to the School Office.

School Photographs

The individual school photograph proofs have now been received by the School and have been provided to each child to take home this week. Orders will be limited to online ordering only, directly to Fraser Portraits via (https://orderphotos.co.uk/school_downloads), or over the phone at 01202 692433. You will be required to log in with your account details or enter your proof card identification/ registration code to be able to make payments. Orders must be placed by **Monday 31st October** in order to receive free delivery back to the School. Unfortunately, any order received after this date will need to be ordered directly to Fraser Portraits and will incur an additional surcharge of £4.00 per pack. For all orders placed after the deadline date, packs will be sent directly to your home address.


Physical Education (PE)

Please be advised that pupils should arrive at school in their Physical Education (PE) kits on the day of their PE lesson; they will remain in their PE kits for the whole day and thus are not required to bring in their school uniforms.

Year Groups	Day of the Week for PE Class
Reception	Tuesday
Year 1	Monday
Year 2	Wednesday
Year 3, 4 and 5	Friday
Year 6	Thursday

	Week Commencing: <i>Monday 17th October</i>
MENU 3	

MONDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 3	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 4	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Beef Lasagne with Fresh Salad	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 3	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 4	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 3	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 4	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Non Halal
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

 OCTOBER TO NOVEMBER 2022		
OCTOBER		
Saturday 1st to Monday 31st		Black History Month
Tuesday 18th	9:00am	Early Essence Workshop for Nursery Parents
Wednesday 19th	9:00am	Early Essence Workshop for Reception Parents
Thursday 20th		Hillingdon Multi-skills Panathlon
Friday 21st		Odds Farm Park - Year 1 Trip
		End of Term
Monday 24th to Friday 28th		Half Term Holidays
Monday 31st		Hearing and Vision Screening - Reception
NOVEMBER		
Thursday 3rd	9:15am	Pinning Ceremony
Friday 11th		The Look Out Discovery Centre - Year 3 Trip