

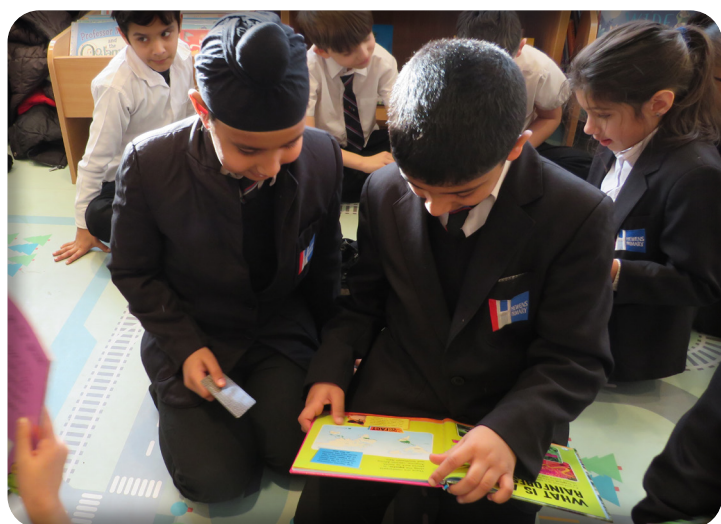
## Our Local Library Visits



This term, the Year 6 pupils have been introduced to Electricity in their Science classes. This topic will spark the interest of the pupils as they will be doing several experiments in order to develop their scientific skills. The pupils' curiosity was aroused as they displayed great enthusiasm inquiring about various ways to create static electricity. One of them even said she usually never enjoys Science but this has been one of her best and interesting lessons.










## Life Education Workshops



Over the course of last week, the children in Nursery to Year 6 had a lovely visit from their old friend Harrold (our healthy-living giraffe mascot). The workshops were interactive, with children feeling empowered through the use of well-being strategies to ensure they can articulate their needs and feelings to make healthy choices.







### Coffee Morning

Everyone Welcome





**Central and  
North West London**  
NHS Foundation Trust

*February 23, 2024 @ 8:30 -10:30am*

**Hewens Primary**

in association with: **Hillingdon's Mental Health  
Support Team, The Stronger Families Hub,**

**Financial Advisor and**



## Children's Mental Health Week

The week commencing Monday 5th February will be observed as Children's Mental Health Week under the theme 'Let's Connect'. This is a national event to shine a spotlight on the importance of children and young people's mental health. The week-long event will encourage children and young people to consider how we can make meaningful connections that support our mental health.

To help raise more awareness, we would like all children to join us in 'Wear Your Scarf to School Day' on Friday 9th February. Please take a look at the useful information and support links provided on the School's Mental Health and Well-Being page to support you or someone you care about via (<https://www.hewensprimary.co.uk/mental-health-and-wellbeing>).

## Safer Internet Day

Safer Internet Day will be celebrated globally on Tuesday 6th February, promoting a safer and a more responsible use of digital technology for children across the world. The internet is a powerful tool with enormous opportunities for learning, enhancing skills and acquiring new abilities and knowledge. The goal of Safer Internet Day is to raise awareness on online dangers but also to provide protection and empowerment to children online, and to inspire a national conversation about using technology responsibly, respectfully, critically and creatively. Like the theme 'Inspiring change? Making a difference, managing influence and navigating change online.', everyone has a role to play in creating and maintaining a better online world, and we must come together virtually to make the internet a safer and better place for all.



## TERM DATES - 2023 to 2024

The 2023 to 2024 term dates are detailed on our website and can be accessed via ([www.hewensprimary.co.uk/term-dates](http://www.hewensprimary.co.uk/term-dates)). Please check these dates, as they will be particularly helpful to parents, guardians or carers planning family holidays and activities.

### Enrichment Clubs – Spring Term

Enrichment clubs will proceed from the week commencing Monday 5th February. Please note all clubs will be held on Wednesdays and Thursdays each week and will run until Wednesday 20th and Thursday 21st March. All. If you are unsure about which group your child is in, please contact the School Office. **All clubs will start straight after dismissal and will finish at 4:30pm.**

### Schools' Football Week



**SCHOOLS' FOOTBALL WEEK**  
**5TH - 9TH FEBRUARY**

Fun football activities for pupils in Key Stage 1 and 2

**KEY STAGE FOOTBALL TOURNAMENTS**

**POSTER COMPETITION**

**BINGO COMPETITION**

**YOU DO NOT WANT TO MISS OUT!**

Next week marks our school's annual Football Week, which is filled with fun football activities for pupils in Key Stages 1 and 2. "You can't win together if you don't work together." – Nick Saban.

### The Look Out Discovery Centre – Year 3 Trip

On Friday 9th February, the Year 3 children will be attending The Look Out Discovery Centre in Bracknell.

### Last Day of Term – Friday 9th February

School will be closed from Monday 12th to Friday 16th February for the Half Term holiday. We finish at the usual staggered times on Friday 9th February. School opens again on Monday 19th February at the normal staggered times. It is essential that your child arrives on time as lessons will begin promptly.

	<b>Week Commencing: Monday 5th February</b> <b>MENU 3</b>
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MONDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 3	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 4	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Beef Lasagne with Fresh Salad	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 3	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 4	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 3	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 4	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Non Halal
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
<b>Please note that all main meals are served with Fresh Vegetables of the Day</b>		

FEBRUARY 2024		
FEBRUARY		
Monday 5th to Friday 9th		Schools' Football Week
Tuesday 6th		Children's Mental Health Week (Let's Connect)
Wednesday 7th and Thursday 8th		Safer Internet Day
Friday 9th		Enrichment Clubs Begin
Monday 12th to Friday 16th		Wear Your Scarf to School Day
Monday 19th		The Look Out Discovery Centre - Year 3 Trip
Monday 23rd		Half Term Holidays
Monday 26th to Friday 1st March		Hearing and Vision Screening - Reception
Friday 23rd		8:30am Coffee Morning
Monday 26th to Friday 1st March		Practice Papers - KS2 SATs