

## Rock Exploring



Our budding Year 3 Geologists, embarked on an investigation to uncover the mysteries of rocks and minerals. Through hands-on activities, interactive experiments, and engaging lessons, our young learners are discovering the formation, characteristics, and uses of various rock types. Be prepared for your children to share newfound knowledge about sedimentary, igneous, and metamorphic rocks with enthusiasm and excitement. This journey promises to be both educational and immensely enjoyable for all involved.







### Assessment Week

During the week commencing Monday 4th December, the children in Years 1 to 6 will be undertaking their Rising Stars and SATS Practice assessments. In order for us to help the children in their progress, it is extremely important that they attend school every day. Please also remember that a good breakfast is always an essential meal for children before school, but in particular when they are sitting tests. Research has shown that children who eat a healthy breakfast have improved alertness, concentration, mental performance, mood and memory. We wish all our children every success in their tests!

### Hearing and Vision Screening - Reception

On Monday 4th December, the School nurses will be visiting the School to carry out a Hearing and Vision Screening for the Reception children.

### Christmas Carolling Assemblies

We welcome all parents, guardians and carers to join the children in festive celebrations by lovely carolling from Wednesday 6th to Thursday 7th December. **Please check the calendar for the date of your child's celebration.**

Please ensure you arrive on time and please do not circulate any pictures or videography on social media.

### Matinee Performance

On **Wednesday 6th December**, the Year 5 children will be attending a Matinee Performance at Rosedale College at 12:00pm. This performance will be hosted by Rosedale College Students. If you would not like your child to attend this event, please speak with the School Office.

### Christmas Jumper Day

On Thursday 7th December, all the children are invited to wear their favourite Christmas jumper to school! To help us raise money as much as possible for Save the Children, we would appreciate any donations that will be given to the cause. We look forward to seeing lots of happy and excited children wearing their favourite Christmas jumpers to school on this day and to helping this worthwhile charity make a difference to those in need!

We thank you in advance for your generosity.

### Design Technology - Year 6

Next term, the Year 6 children will be hosting an assembly for their peers about Fairtrade. For this assembly, we would like all children to wear their designed T-shirt which they will be creating in their Design and Technology class this term. In order to make their designs come to life, we are asking them to bring in a plain white T-shirt so that their designs can be printed on them. We would like to request that all T-shirts are brought into school by **Friday 8th December**. Thank you.

### Virtual Asthma Workshop

# Childhood Asthma

## FREE Online Workshops

SCAN ME

**CONTACT THE TEAM FOR MORE INFORMATION**

📞 01895 543 437

✉️ [nhsnwl.myhealth@nhs.net](mailto:nhsnwl.myhealth@nhs.net)

What's Included In The Workshop ?					
What to do if your child is having an Asthma attack	Inhaler Techniques	Myth Busting	Common Triggers	Asthma Plans	Q&A

SESSION PRESENTED BY A HILLINGDON ASTHMA NURSE

MyHealth are running FREE Asthma workshops for parents who have children with Asthma. These sessions are run by the Hillingdon Hospital asthma nurses giving you the chance to learn from health professionals and to ask them questions directly. Some of the content included in these sessions is:


- Asthma attacks
- Asthma triggers
- Inhaler techniques
- Asthma action plans

The workshop is run online using ZOOM you can register your FREE place via the link (<https://www.eventbrite.co.uk/e/myhealth-asthma-workshop-for-parents-children-tickets-191548726397>).

You can also contact the MyHealth team on tel: **01895 543 437** or [nhsnwlccg.myhealth@nhs.net](mailto:nhsnwlccg.myhealth@nhs.net).

## TERM DATES - 2023 to 2024

The 2023 to 2024 term dates are detailed on our website and can be accessed via ([www.hewensprimary.co.uk/term-dates](http://www.hewensprimary.co.uk/term-dates)). Please check these dates, as they will be particularly helpful to parents, guardians or carers planning family holidays and activities.



# DECEMBER 2023 TO JANUARY 2024

DECEMBER		
Monday 4th to Friday 8th		Assessment Week
Monday 4th	4:00pm	Virtual Parent Asthma Workshop
Monday 4th		Hearing and Vision Screening - Reception
Wednesday 6th	9:15am	Christmas Carolling Assembly - AM Nursery and Reception
	2:00pm	Christmas Carolling Assembly - PM Nursery, Year 1 and 2
Wednesday 6th	12:00pm	Matinee Performance
Thursday 7th		Christmas Jumper Day
Thursday 7th	9:15am	Christmas Carolling Assembly - Years 3 and 4
	2:00pm	Christmas Carolling Assembly - Years 5 and 6
Wednesday 20th	1:30pm	Christmas Class Parties
Thursday 21st		Christmas Pantomime
Thursday 21st		End Of Term (Early Dismissal)
JANUARY		
Monday 8th	1:00 to 5:00pm	Parent Consultation
Tuesday 9th		
Wednesday 10th		Term Begins
Thursday 11th	Personal Safety (Stranger Danger) Presentation - Year 4	
	What Police Officers do and How we Help People - Year 3	
	Internet Safety Presentation - Year 5	

### Christmas Parties

Christmas parties will be held on **Wednesday 20th December** for each class. To keep everyone safe and limit food contamination, we are kindly asking all parents, guardians and carers to ensure that each child brings in their individual food bags (no nuts allowed). Please note children are required to wear full school uniform on this day.

### Holiday Requests During Term Time

Children's absence during term time will only be approved in exceptional circumstances. Any planned term time leave of absence, must be requested in writing to the Headteacher prior to any travel arrangements being made. In such circumstances, please contact the School Office and request a Leave of Absence Form, which must be completed and returned to the School Office prior to the absence.

#### Evidence is required to support the request.

You will be notified if your request is approved as soon as possible. If the absence is not approved but taken, it will be recorded as unauthorised. Please be aware that unauthorised absences could result in the issue of a fixed penalty fine and/or prosecution by the Local Authority. If you have any questions or require any further information about this procedure, please contact the School Office. Thank you.

Hewens Primary		Week Commencing: Monday 4th December
		MENU 4
MONDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Spaghetti Bolognese	Non Halal
Meal Choice 3	Mediterranean Pasta Bake	Vegetarian
Meal Choice 4	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Raspberry Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Beans	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Beans	Non Halal
Meal Choice 3	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 4	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Dessert Choice	Jam and Coconut Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Diced Lamb with Noodles and Vegetable Stir Fry	Halal
Meal Choice 2	Diced Lamb with Noodles and Vegetable Stir Fry	Non Halal
Meal Choice 3	Vegetable Stir Fry with Noodles	Vegetarian
Meal Choice 4	Diced Lamb with Vegetable Stir Fry	Gluten/Dairy Free
Dessert Choice	Vanilla Ice Cream with Peaches	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Cheese and Onion Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Potato Wedges	Non Halal
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Custard Tart	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day		

### Reading with your Children!

Reading books aloud to children stimulates their imagination. It helps them develop language and listening skills and prepares them to understand the written word. With this in mind, we urge all parents, guardians and carers to share a book with your children at bedtime. For the little ones, this may be simply looking at a picture book and introducing key vocabulary. For the older ones, it would be really good to start with some simple stories, by reading out loud to your child. If you need any advice on reading to your child, please do not hesitate to contact the School or speak with the class teacher.

### Primary School Admissions 2024

We would like to inform all parents, guardians and carers of children born between 1st September 2019 and 31st August 2020 that the closing date for applications for Primary School places to be received by the London Borough of Hillingdon is Monday 15th January 2024.

To ensure your application arrives on time and to give your child the best possible chance of being offered the school of your choice, we would advise that you submit your applications before the Christmas holiday period. Further information can be found at ([www.hillingdon.gov.uk/primary](http://www.hillingdon.gov.uk/primary)). You should have received information about applying for your child starting primary school via email.