

Trip to Hampton Court Palace




On Friday 10th March, the Year 5 children had a fabulous day at Hampton Court Palace. They started the day by exploring the home of Henry VIII, in particular his kitchens. They soon discovered one of the worst jobs in the kitchen was being the "spit-boy". The children learnt that this job involved continuously rotating a spit with meat on it, to ensure it was evenly cooked through. They empathised with what it would have been like and how it might compare to life nowadays.





Assessment Week

During the week commencing Monday 20th March, the children in Years 1 to 6 will be undertaking their NTS and SATS Practice assessments. In order for us to help the children in their progress, it is extremely important that they attend school every day. Please also remember that a good breakfast is always an essential meal for children before school, but in particular when they are sitting tests. Research has shown that children who eat a healthy breakfast have improved alertness, concentration, mental performance, mood and memory. We wish all our children every success in their tests!

			<h1>MARCH TO APRIL 2023</h1>		
MARCH					
Tuesday 14th to Friday 24th			Incredible Eggs - Ducklings		
Monday 20th to Friday 24th			Assessment Week		
Wednesday 29th and Thursday 30th			Last Days of Enrichment Clubs		
Thursday 30th			Easter Bonnet Showcase		
Friday 31st			End of Term - Early Dismissal		
APRIL					
Monday 17th		1:00 to 5:00pm		Parent Consultation Meetings	
Tuesday 18th					
Wednesday 19th			Term Begins		

Incredible Eggs



Coming Soon!
A truly unforgettable
10 day experience...



We are going to hatch some ducklings!

Our eggs arrive on: **Tuesday 14th March**

They will be hatching around: **Thursday 16th March**

The ducklings will be leaving us on: **Friday 24th March**

Our egg-citing delivery of duckling eggs have arrived! The children have watched them hatch into tiny little ducklings! This is a great opportunity for our children to witness the beginning of a duckling's life cycle, from an egg to a baby duckling.

 Week Commencing: Monday 20th March MENU 1	
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MONDAY		
Meal Choice 1	Chicken Goujons with Homemade Oven Baked Potato Slices and Beans	Halal
Meal Choice 2	Chicken Goujons with Homemade Oven Baked Potato Slices and Beans	Non Halal
Meal Choice 3	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 4	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Spaghetti Bolognese	Non Halal
Meal Choice 3	Ratatouille Spaghetti	Vegetarian
Meal Choice 4	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Jam Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Dessert Choice	Lemon Tart	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 3	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 4	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Dessert Choice	Strawberry Jelly	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Fresh Fruit Salad	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day		

World Poetry and World Water Day

Tuesday 21st March will be observed as World Poetry Day at Hewens Primary. Our aim is to encourage all the pupils to participate in the oral tradition of poetry recitals which research has shown improves memory. Since it will also be World Water Day on Wednesday 22nd March, pupils will learn and recite poems about water.

Fasting at Ramadan

As Ramadan begins, we would like to make parents, guardians and carers aware that at The Rosedale Hewens Academy Trust, we only allow children in Year 6 to fast, as, in our experience, fasting in year groups below this has a detrimental effect upon a child's overall performance. Children in lower year groups could be supported to fast at home on the weekend if required, allowing families to supervise their health and well-being very closely. If you would like more information about this, please speak with a member of staff in the School Office.

Easter Bonnet Making

On Thursday 30th March, Hewens Primary will be hosting an Easter Bonnet Showcase for the pupils. In preparation for this, we would like all children to make a bonnet at home using recycled materials. If you have any questions regarding this, please speak with the class teacher.