

## Schools' Football Week Assembly - Bingo Time!



To kick off the start of Schools' Football Week, Hewens hosted its first, Football Bingo! The activity involved children selecting their chosen number from 1 to 100 before a spinning wheel generated the winning number! As the saying goes, 'You have to be in it, to win it!' Well done to the lucky children, who received a Premier League 2023 Official Sticker Album along with two sticker packets! Also, don't forget to check out next week's school newsletter for the results from the Key Stage Football Tournaments.







### Storytime with parents



During National Storytelling Week, parents, guardians and carers were invited to share a story or a book with their child's class. The theme for this year was magic and mystery! The children enjoyed listening to the different stories read aloud to them. We would like to say a big thank you to Mrs Ubha and Miss Campbell for coming in and reading to the children!





## Healthy Eating



Over the past week, Little Acorns and Reception have been looking at different types of foods, focusing on what helps us to keep healthy. To obtain a balanced diet, the children explored different ways to consume fruit and vegetables and one way stood out for them...fruit salad. The children enjoyed making their fruit salad and eating it for snack time. Yummy!




## Enrichment Clubs

All clubs will be held on either Wednesday or Thursday each week and will run until Wednesday 29th and Thursday 30th March. All clubs will start straight after dismissal time and finish at 4:30pm. Please ensure you collect your child promptly.

## Half Term

The school will be closed from Monday 13th to Friday 17th February for the Half Term holiday. We finish at the usual staggered times on Friday 10th February. School opens again on **Monday 20th February** at the normal staggered times. It is essential that your child arrives on time as lessons will begin promptly.



 <b>FEBRUARY TO MARCH 2023</b>		
<b>FEBRUARY</b>		
Monday 20th	Term Begins	
Monday 20th to Friday 24th	Life Education Workshops	
Friday 24th	New Age Kurling Competition	
Monday 27th February to Sunday 12th March	Fairtrade Fortnight	
Tuesday 28th	9:00am	Year 1 Phonics Parent Workshop
<b>MARCH</b>		
Thursday 2nd	World Book Day (Non-Uniform Day)	
Wednesday 8th	Class Photographs	
Friday 10th	Hampton Court Palace - Year 5 Trip	
Tuesday 14th to Friday 24th	Incredible Eggs - Ducklings	
Wednesday 15th	Junior Citizens - Year 6	
Thursday 16th	2:00pm	Parent Presentation - Internet Safety

## Life Education Workshop

During the week commencing Monday 20th February, members of the Life Education Hillingdon will be visiting the School to host workshops for each class. These workshops form a very important part of the curriculum and will be interactive sessions for the children.

## New Age Kurling Competition

On Friday 24th February, a group of selected children will be going to Pield Heath House to compete in the New Age Kurling Competition. The children will be transported via the School minibus and will arrive back at school before dismissal. **Please ensure you return the reply slip to the School Office by Monday 20th February.**

## Phonics Parent Workshop - Year 1

Parents, guardians and carers of children in Year 1 are invited to a Phonics Workshop on **Tuesday 28th February at 9:00am**. This workshop will take place in the Main Hall.

## World Book Day - Non-Uniform Day

In celebration of World Book Day, all children have been invited to choose their favourite book and dress up for the day as a character from that book on Thursday 2nd March. We are encouraging all children to be creative and make their own costumes using old clothes or recyclable goods. We respectfully request a donation on this day; all money raised will go towards the funding of more books for our school library. We look forward to seeing our most-loved book characters come to life on this day!



## Hampton Court Palace - Year 5 Trip

On Friday 10th March, Year 5 children will be attending a field trip to Hampton Court Palace in Surrey. We would like to remind parents, guardians and carers that the reply slip and payment for the Museum of Farnham are due by Friday 24th February. **All payments should be made through your child's iPayimpact account.**

	Week Commencing: <i>Monday 20th February</i>	
	<b>MENU 1</b>	

<b>MONDAY</b>		
Meal Choice 1	Chicken Goujons with Homemade Oven Baked Potato Slices and Beans	Halal
Meal Choice 2	Chicken Goujons with Homemade Oven Baked Potato Slices and Beans	Non Halal
Meal Choice 3	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 4	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries	Fresh Fruit and Yoghurts
<b>TUESDAY</b>		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Spaghetti Bolognese	Non Halal
Meal Choice 3	Ratatouille Spaghetti	Vegetarian
Meal Choice 4	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Jam Sponge	Fresh Fruit and Yoghurts
<b>WEDNESDAY</b>		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Dessert Choice	Lemon Tart	Fresh Fruit and Yoghurts
<b>THURSDAY</b>		
Meal Choice 1	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 3	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 4	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Dessert Choice	Strawberry Jelly	Fresh Fruit and Yoghurts
<b>FRIDAY</b>		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Fresh Fruit Salad	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

## FREE Asthma Workshop!





# Childhood Asthma

**FREE Online Workshops**

Scan the QR code for dates and times and to book onto a **FREE** session!

**SCAN ME**



CONTACT THE TEAM FOR MORE INFORMATION  
01895 543 437  
nhsnw1.myhealth@nhs.net

**What's Included In The Workshop ?**

What to do if your child is having an Asthma attack	Inhaler Techniques	Myth Busting	Common Triggers	Asthma Plans
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SESSION PRESENTED BY A HILLINGDON ASTHMA NURSE

MyHealth are running FREE Asthma workshops for parents who have children with Asthma. These sessions are run by the Hillingdon Hospital asthma nurses giving you the chance to learn from health professionals and to ask them questions directly. Some of the content included in these sessions is asthma attacks, asthma triggers, in techniques and asthma action plans. The workshops are run online via ZOOM and you can register your FREE place here.