



MONDAY 5TH OCTOBER, 2020

CONTACT US ON

C.

020 3819 3434



www.hewensprimary.co.uk

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Hewensprimary@trhat.org

Physical Education (PE)

We have kicked off the new term with an excellent start to our Physical Education (PE) lessons across year groups. Our focus topic for this half term is Gymnastics. The main national curriculum aims that will be covered in the Gymnastics units are for pupils to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities. In addition, pupils will develop flexibility, strength, technique, control and balance in their movements.







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Young Writers

In March, our Reception children took part in the 'My First Riddle' competition for Young Writers and it is with great pride that we can celebrate this huge achievement of our children as they have officially become published writers. We hope you enjoy their riddles as much as we have! Can you guess what it could be?

Check for the answers in next week's school newsletter.

It looks sparkly, pretty and fun.
It sounds happy, amazing and lovely.
It smells like unicorns and sweets.
It feels soft, smooth and squidy.
It tastes yummy, like strawberries and roses.

By Ayah J

It looks yellow.
It sounds soft.
It smells sweet.
It feels squishy.
It tastes good when peeled.
By Avi P

It looks bright and pretty.
It sounds quiet.
It smells fresh.
It feels soft and smooth.
It tastes yucky.
By Avi T

It looks shiny.
It sounds like a pony.
It smells like cupcakes.
It feels fluffy.
It tastes like sweeties.

By Sofia D

It looks round and hard.
It sounds bouncy.
It smells rubbery.
It feels bumpy and hard.
It tastes yucky.

By Oliver T

It looks round and round.
It sounds crunchy.
It smells cheesy.
It feels soft and spongy.
It tastes yummy, yummy.
By Dipen S

It looks brown and like a bar.
It sounds cruncy.
It smells delicious.
It feels like velvet.
It tastes sweet.
By Sacmeen C

It looks very pretty.
It sounds very loud.
It smells like perfume.
It feels like a teddy bear.
It tastes like apples.

By Lexie W

It looks like a ball with a hole.
It sounds crispy and creamy.
It smells yummy.
It feels soft and flavourful.
It tastes sweet, chocolatey and jammy.
By Bahar J

It looks orangey and green.
It sounds squelchy when ripe.
It smells sweet and delicious.
It feels oval and smooth.
It tastes sweer, tangy and tropical.

By Aarya N

It looks red , inside is white.
It sounds cruncy.
It smells fresh.
It feels hard and smooth.
It tastes sweet , sometimes tangy.
By Kahlana H

It looks wet and see-through.
It sounds splashy and like taps.
It smeels fresh.
It feels cold and wet.
It tastes like water.

By Ethan H

Curriculum Information - Autumn 1

We have now implemented our revised curriculum across Nursery to Year 6. Please check out our website on the link at

http://www.hewensprimary.co.uk/114/curriculum-content which will give you more information about curriculum information for Autumn 1. Each half term, we will ensure that a curriculum map is uploaded so that you are aware of the topics that will be covered across the curriculum. If you have any questions regarding the curriculum, please do not hesitate to contact the School.

International Walk to School Month

October is International Walk to School Month, when children, families and community leaders participate in a global event to promote healthier habits and encourage a more walkable world.

It is a great opportunity for children to join hundreds of thousands of pupils across the globe celebrating the walk to school. For this year's Walk to School month, we are inviting all Early Years, Key Stage 1 and 2 children to take part in a borough wide competition.

We would like for children to submit entries of either or both of the following – a shoe design and to write a poem about walking to school, or their favourite pair of shoes.

The winner will have their work showcased as well as receiving an Amazon Kindle! The School will be notified of the winner once they have been selected in November. The deadline for this competition is Monday 2nd November 2020.

Applying for Secondary School September 2021

We would like to inform all parents, guardians and carers of children born between 1st September 2009 and 31st August 2010 that the closing date for applications for Secondary School places to be received by the London Borough of Hillingdon, by post or online, is **Saturday 31st October 2020**.

To ensure your application arrives on time and in order to give your child the best possible chance of being offered the school of your choice, we would advise that you submit your applications no later than Friday 23rd October to ensure that it is received by the published deadline. Further information can be found on www.hillingdon.gov.uk/secondary or by telephoning the School Placement and Admission Team at the Civic Centre, Uxbridge on 01895 556644. You will have received information with regard to applying for your child starting secondary school via email, if you do not receive this, please check that we have your correct email address on the system.

Primary School Admissions 2021

We would like to inform all parents, guardians and carers of children born between 1st September 2016 and 31st August 2017 that the closing date for applications for Primary School places to be received by the London Borough of Hillingdon, by post or online, is midnight on **Friday 15th January 2021**. To ensure your application arrives on time and in order to give your child the best possible chance of being offered the school of your choice, we would advise that you submit your applications prior to the Christmas holiday period.

The London Borough of Hillingdon states on their website that they cannot be held responsible for any delays in applications due to problems with postal or Internet service providers. Further information can be found on www.hillingdon.gov.uk/primary or by telephoning the School Placement and Admission Team at the Civic Centre, Uxbridge on 01895 556644.

World Space Week

The theme for World Space Week 2020 is 'Satellites Improve Life'. World Space Week is the largest space-themed event on Earth. It is a celebration of space science and technology that will improve conditions for humans on Earth.

As a school, we will celebrate World Space Week and explore how satellites help our lives every day.

Changing for Physical Education (PE)

In a bid to reduce the risk of COVID-19 transmission and to ensure the health and safety of all our students, please be advised that pupils should arrive at school in their Physical Education (PE) kits on the day of their PE lesson; they will remain in their PE kits for the whole day and thus are not required to bring in their school uniforms. This change has been made to reduce close proximity to others when changing before and after the lesson.

Year Groups	Day of the Week for PE Class	
Reception	Tuesday	
Year 1	Monday	
Year 2	Wednesday	
Year 3, 4 and 5	Friday	
Year 6	Thursday	

HEWENS and ROSEDALE COLLEGE VIRTUAL OPEN EVENINGS

Tuesday 6th and Thursday 8th October 2020 Going Live at 6:00pm on both days

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Virtual Open Evening for Prospective Year 7 Students

This year, we regret to inform you that we are unable to welcome prospective families onsite to the Open Evenings of The Rosedale Hewens Academy Trust secondary phase schools due to COVID-19 restrictions. However, to ensure that prospective parents, guardians and carers have the chance to sample the Colleges' values and ethos, this year, we will be hosting two separate Virtual Open Evenings, streamed as live events to all prospective Year 7 students, via the Colleges' websites.

There will be a variety of interactive activities uploaded to give students and their parents, guardians and carers the opportunity to discover first-hand what is on offer at the College. Families will also be given the opportunity to enjoy a virtual tour of the College, a promotional video, a speech delivered by the Principal, and gain an in depth and valuable insight into the College's curriculum. As it is not currently possible to replicate the rounded experience that this occasion usually provides to visitors, the virtual experience promises to be just stimulating. Please ensure you join us virtually on the dates below.

We also encourage you to explore our websites, read our prospectuses, and follow our social media channels for an insight into life at both Hewens and Rosedale Colleges. If you have children also in Year 6, or know those who do, please do encourage them to attend!

Hewens College - Tuesday 6th October at 6:00pm

https://trhat.co.uk/virtualopenevening-hc/

Rosedale College - Thursday 8th October at 6:00pm

https://trhat.co.uk/virtualopenevening-rc/

A New Hospital in Hillingdon

The Hillingdon Hospitals NHS Foundation Trust has announced plans to build a new hospital in Hillingdon by 2025. The Trust would like to hear from members of the public who would like to know more about the redevelopment programme, to ensure that all ideas and aspirations are considered for any potential plans. Further information and a short survey can be found at https://thh.nhs.uk/redevelopment/.



OCTOBER 2020

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OCTOBER				
Monday 5th to Friday 9th		World Space Week		
Monday 5th to Friday 30th		International Walk to School Month		
Tuesday 6th	Going Live at 6:00pm	Hewens College Virtual Open Evening		
Thursday 8th	Going Live at 6:00pm	Rosedale College Virtual Open Evening		
Monday 12th		World Mental Health Day		
Monday 12th		Science, Technology, Engineering and Mathematics (STEM) Day		
Thursday 22nd		Pedestrian Training - Year 5		
Monday 26th to Friday 30th		Half Term		



Week Commencing: Monday 5th October

MENU 1

	Chicken Goujons with Homemade Oven Baked Potato Slic	es	
Meal Choice 1	and Beans		Halal
Meal Choice 2	Chicken Goujons with Homemade Oven Baked Potato Slices and Beans		Non Halal
Meal Choice 3	Baked Jacket Potato with Various Fillings		Vegetarian
Meal Choice 4	Gluten free Chicken Goujons with Potatoes and Beans		Gluten/Dairy Free
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries Fresh		Fruit and Yoghurts
TUESDAY			
Meal Choice 1	Spaghetti Bolognese		Halal
Meal Choice 2	Spaghetti Bolognese		Non Halal
Meal Choice 3	Ratatouille Spaghetti		Vegetarian
Meal Choice 4	Bolognese with Gluten free Pasta		Gluten/Dairy Free
Dessert Choice	Jam Sponge	Fresh	Fruit and Yoghurts
WEDNESDA	Υ		
Meal Choice 1	Chicken Tikka Masala with Rice		Halal
Meal Choice 2	Chicken Tikka Masala with Rice		Non Halal
Meal Choice 3	Macaroni Cheese		Vegetarian
Meal Choice 4	Lightly Spiced Chicken Breast with Rice		Gluten/Dairy Free
Dessert Choice	Lemon Tart Fresh		Fruit and Yoghurts
THURSDAY			
Meal Choice 1	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing		Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing		Non Halal
Meal Choice 3	Cauliflower and Broccoli Cheese Bake		Vegetarian
Meal Choice 4	Turkey Escalope with Potatoes and Gluten free Gravy		Gluten/Dairy Free
Dessert Choice	Strawberry Jelly	Fresh	Fruit and Yoghurts
FRIDAY			
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges		
Meal Choice 2	Tomato Pasta Bake		Vegetarian
	Gluten free Fish Fingers with Gluten free Potato Wedges	e Fish Fingers with Gluten free Potato Wedges and	
Meal Choice 3	Beans		

School Uniform

School uniform plays a valuable role in supporting positive behaviour for learning. It is designed to instil a sense of pride, identity and belonging. All pupils are required to wear full school uniform when attending school. The full school uniform consists of:

- A blazer*
- A cardigan (Girls)*
- A jumper (Boys)*
- A tie (Boys)*
- A pinafore dress (Girls)
- Trousers/Skirt
- A shirt white with collar
- Sensible shoes Plain black in colour

All starred items (*) are only available to purchase via the School's online cashless system (iPay).

In addition, please ensure that the children wear the correct school colour hair accessories namely: black, blue, red and white. Other colours should not be worn in school. Thank you for your cooperation on this matter.