

Design and Technology (DT)

The Year 5 classes have been focusing on American Cuisine in Design and Technology for Autumn One. The topic is closely linked to their Geography unit entitled 'From Hayes to USA'. Pupils were tasked to prepare a classic American dish to which they all chose to make the popular apple pies. Following a recipe, the pupils had to show an understanding and follow hygiene and safety rules for cooking to reduce the chances of accidents and help keep any germs out of their food. They were seen measuring out ingredients accurately and mixing them using the techniques stated in the recipe. There was much excitement as they all rolled out the pastry to the required thickness to put on the finishing touch on the apple pies before baking them in the oven.



Sweets Containing Psychoactive Ingredients

We would like to warn all parents, guardians and carers of the dangers of the 'Medicated Nerds Rope Bites' sweet which appears to have dangerous levels of the psychoactive chemical THC. They have been reported to have negative effects on children with symptoms including nausea, hyperactivity, elevated heart rates and hallucinations and the police have issued a warning to families about the potential risks of consuming these sweets.

We urge parents, guardians and carers to be extra vigilant about what their children are eating and to reinforce the importance of developing healthy eating habits and making safe choices when buying snacks from outside.

Balance Transfers from last academic year

We would like to make all parents, guardians and carers aware that we have transferred previous lunch credit from the last academic year onto your child's new IPay account.

You will have received a slip this week confirming the account that has been transferred. If you haven't registered on the new payment system, please do so now in order to use the credit. If you need further information in regard to this, please do contact the School office.

International Walk to School Month

October is International Walk to School Month, when children, families and community leaders participate in a global event to promote healthier habits and encourage a more walkable world.

It is a great opportunity for children to join hundreds of thousands of pupils across the globe celebrating the walk to school. For this year's Walk to School month, we are inviting all Early Years, Key Stage 1 and 2 children to take part in a borough wide competition.

We would like for children to submit entries of either or both of the following – a shoe design and to write a poem about walking to school, or their favourite pair of shoes.

The winner will have their work showcased as well as receiving an Amazon Kindle! The School will be notified of the winner once they have been selected in November. **The deadline for this competition is Monday 2nd November 2020.**

World Mental Health Day

Saturday 10th October is celebrated as World Mental Health Day. On Monday 12th October, all schools will be raising awareness for this international day, with this year's event coming at a time when our daily lives have changed considerably as a result of the coronavirus (COVID-19) pandemic.

In Personal, Social, Health and Economic education (PSHE), our major focus will be to raise awareness about good mental health, how to turn negative thoughts into positive ones and how important it is to have a positive attitude.

Science, Technology, Engineering and Mathematics (STEM) Day

On Monday 12th October, the whole school will be participating in a Science, Technology, Engineering and Mathematics (STEM) Day varying from Recycled Purse making to K'nex Bridges and even STIXX Tall Towers. This workshop forms a very important part of the curriculum. As such, please ensure that your child attends school on this day and is in full and correct uniform.

Academic Tutoring Meetings

All parents, guardians and carers of children in Years 2 and 6 are invited to attend the School throughout the week commencing Monday 19th October from 9:00 to 9:30am to view the results of your child's latest practice papers and to identify their strengths and weaknesses.

Meetings for each class will be held on separate days and all sessions will take place in the School Hall; please refer to the table below for dates and times.

Monday 19th October	Year 6 – Oak Class
Tuesday 20th October	Year 6 – Chestnut Class
Wednesday 21st October	Year 2 – Elm Class
Thursday 22nd October	Year 2 – Willow Class

You will also have the opportunity to discuss your child's strengths and weaknesses and how you can best support their future learning. Please do not hesitate to contact the School if you have any questions and we look forward to welcoming you on the above dates.

All parents, guardians and carers must wear face masks upon entering the School and during the session.

Early Essence Workshops for Early Years

Parents, guardians and carers of children in Nursery and Reception are invited to an Early Essence Training Workshop in the computer suite. **Blossom Class** will have their workshop on Monday 19th October whilst **Cherry Class** will have theirs on Tuesday 20th October from 9:00 to 9:30am.

Parents, guardians and carers of **Nursery** children are invited on Tuesday 20th October at 2:00pm for their session.

Outdoor Pedestrian Training - Year 5

Children from Year 5 will be taking part in Outdoor Practical Pedestrian Training sessions on Thursday 22nd October. These sessions will last for one hour per class and will take place out of the School grounds on residential streets surrounding the campus.

Please ensure your child has a coat and appropriate clothing on the day to take account of the weather.

Remember - Stop, Look, Listen...THINK!

Curriculum Information - Autumn 1

We have now implemented our revised curriculum across Nursery to Year 6. Please check out our website on the link at <http://www.hewensprimary.co.uk/114/curriculum-content> which will give you more information about curriculum information for Autumn 1.

Each half term, we will ensure that a curriculum map is uploaded so that you are aware of the topics that will be covered across the curriculum.

If you have any questions regarding the curriculum, please do not hesitate to contact the School.

HEWENS and ROSEDALE COLLEGE VIRTUAL OPEN EVENINGS

The Virtual Tours for Hewens and Rosedale College premiered this week. Please note that this is readily available on their respective websites under **News and Events - Virtual Open Evening**. This can also be accessed via:

<https://trhat.co.uk/virtualopenevening-hc/>
<https://trhat.co.uk/virtualopenevening-rc/>

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Applying for Secondary School September 2021

We would like to inform all parents, guardians and carers of children born between 1st September 2009 and 31st August 2010 that the closing date for applications for Secondary School places to be received by the London Borough of Hillingdon, by post or online, is **Saturday 31st October 2020**.


To ensure your application arrives on time and in order to give your child the best possible chance of being offered the school of your choice, we would advise that you submit your applications no later than Friday 23rd October to ensure that it is received by the published deadline. Further information can be found on www.hillingdon.gov.uk/secondary or by telephoning the School Placement and Admission Team at the Civic Centre, Uxbridge on 01895 556644.

You will have received information with regard to applying for your child starting secondary school via email, if you do not receive this, please check that we have your correct email address on the system.

Primary School Admissions 2021

We would like to inform all parents, guardians and carers of children born between 1st September 2016 and 31st August 2017 that the closing date for applications for Primary School places to be received by the London Borough of Hillingdon, by post or online, is midnight on **Friday 15th January 2021**. To ensure your application arrives on time and in order to give your child the best possible chance of being offered the school of your choice, we would advise that you submit your applications prior to the Christmas holiday period.

The London Borough of Hillingdon states on their website that they cannot be held responsible for any delays in applications due to problems with postal or Internet service providers. Further information can be found on www.hillingdon.gov.uk/primary or by telephoning the School Placement and Admission Team at the Civic Centre, Uxbridge on 01895 556644.



OCTOBER 2020

OCTOBER			
Monday 5th to Friday 30th		International Walk to School Month	
Monday 12th		World Mental Health Day	
Monday 12th		Science, Technology, Engineering and Mathematics (STEM) Day	
Monday 19th	9:00am	Academic Tutoring - Oak (Year 6)	
Monday 19th	9:00am	Early Essence Parent Workshop - Blossom (Reception)	
Tuesday 20th	9:00am	Academic Tutoring - Chestnut (Year 6)	
Tuesday 20th	9:00am	Early Essence Workshop - Cherry (Reception)	
Tuesday 20th	2:00pm	Early Essence Workshop - Nursery	
Wednesday 21st	9:00am	Academic Tutoring - Elm (Year 2)	
Thursday 22nd	9:00am	Academic Tutoring - Willow (Year 2)	
Thursday 22nd		Pedestrian Training - Year 5	
Monday 26th to Friday 30th		Half Term	



Week Commencing: *Monday 12th October*

MENU 2

MONDAY

Meal Choice 1	Beef Meatball Pasta Bake	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Non Halal
Meal Choice 3	Vegetable Pasta Bake	Vegetarian
Meal Choice 4	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	<i>Strawberry Mousse with Fresh Strawberries</i>	<i>Fresh Fruit and Yoghurts</i>

TUESDAY

Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 3	Creamy Pasta Bake	Vegetarian
Meal Choice 4	Lamb Patty with Rice	Gluten/Dairy Free
Dessert Choice	<i>Chocolate Sponge</i>	<i>Fresh Fruit and Yoghurts</i>

WEDNESDAY

Meal Choice 1	Baked Jacket Potato with Fillings <i>[sliced chicken, salad, coleslaw, tuna]</i>	
Meal Choice 2	Sweet Potato with Fillings <i>[sliced chicken, salad, coleslaw, tuna]</i>	Vegetarian
Meal Choice 3	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Dessert Choice	<i>Fruit Tarts</i>	<i>Fresh Fruit and Yoghurts</i>

THURSDAY

Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Dessert Choice	<i>Vanilla Cheesecake</i>	<i>Fresh Fruit and Yoghurts</i>

FRIDAY

Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Non Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	<i>Apple Pie</i>	<i>Fresh Fruit and Yoghurts</i>

Please note that all main meals are served with Fresh Vegetables of the Day

Virtual Opening Evening still accessible

The Virtual Tours for Hewens and Rosedale College premiered this week. Please note that this is readily available on their respective websites under News and Events - Virtual Open Evening. This can also be accessed via:

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<https://trhat.co.uk/virtualopenevening-rc/>

Answers to Riddles

I hope you all enjoyed reading the riddles from last week's newsletter. Check out the answers below. Were you able to guess some of them?

By Ayah J – My birthday cake.
 By Avi P – A banana.
 By Avi T – A flower.
 By Sofia D – A unicorn.
 By Oliver T – A basketball.
 By Dipen S – Pizza.
 By Sachmeen C – Chocolate.
 By Lexie W – My nanny.
 By Bahar J – A doughnut.
 By Aarya N – A mango.
 By Kahlana H – An apple.
 By Ethan H – Rain.