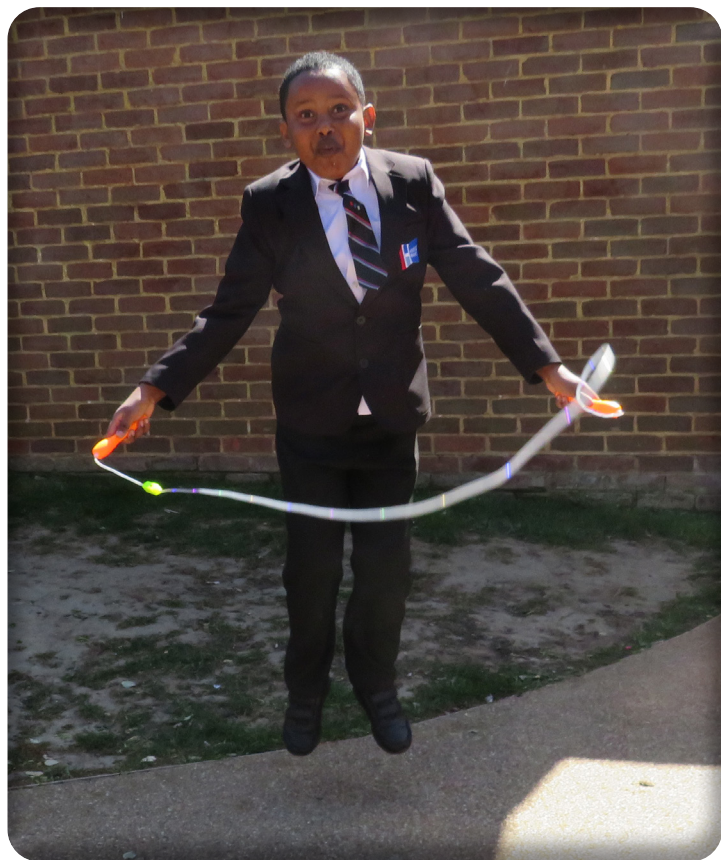


National Skipping Day



On Friday 23rd April, the children spent their break and lunch time enjoying the sunshine and skipping away with their friends to celebrate National Skipping Day. Skipping is a fun way for children to get moving and stay active outdoors and can also be an excellent way to socialise with others and get active together. All the children enjoyed taking part and recognising what their body can do!





Hillingdon Weekly Challenges Prize

We would like to say a big thank you to Ms Cooke at South Hillingdon School Sports Network (SHSSN) and the Hillingdon Council for our lovely trophy and skipping ropes for placing 2nd in the 60 seconds Spring Virtual Physical Education Challenges last term. As a School, we are extremely proud of our achievements and the emphasis we place on pupils' holistic development.





National Share a Story Month

National Share-a-Story Month (NSSM) is an annual celebration of the power of storytelling and story sharing, providing a fantastic opportunity to bring children and stories together. The 2021 theme is 'Myths, Magic and Mayhem'.

Throughout the month, the teachers will read aloud stories to the children from different genres such as mysteries and adventures, magical tales and myths and legends.

Our aim is to ensure that children are introduced to different genres of stories and at the same time, foster a love for reading. We are encouraging our parents, guardians and carers to visit the local libraries with the children and read different books related to these genres.

Life Bus Sessions

On Tuesday 4th to Monday 10th May, Hewens Primary School will be having Life Education classroom sessions. Coram Life Education is the leading provider of health, wellbeing and drugs education to almost half a million children across the UK, delivered under the strapline 'Helping Children Make Healthy Choices'. Trained Educators use evidence-based, interactive, creative methods and resources to stimulate curiosity and imagination amongst children.

The memorable life skill sessions will be delivered in the classrooms this year as the mobile Life Bus is out of session.

Hillingdon Weekly Challenges

Hewens Primary School is taking part in the Summer Hillingdon Weekly Physical Challenges as the children had so much fun getting involved in the challenges last term. These challenges will allow children to get active, have fun, improve health, engage new audiences and increase motivation.

Mr Mono (PE Co-ordinator) will provide your teachers with a video of what you need to do each week. Your teachers will show this video in class which will be posted on our new YouTube channel. These challenges will be done in school and all scores will be recorded by your teachers by Thursday, the following week. Please see the schedule below for all upcoming challenges.

- Week 2: Super Slalom Run – Friday 7th May

Click to view: (<https://youtu.be/n-S4XTLUU>)

- Week 3: Sock in the Box – Friday 14th May
- Week 4: Squat Jump – Friday 21st May
- Week 5: Fast Feet – Friday 28th May
- Week 6: Step Ups – Friday 11th June
- Week 7: Obstacle Course – Friday 18th June
- Week 8: Plank Challenge – Friday 25th June

National Vegetarian Week

This year, National Vegetarian Week will run from Monday 10th to Sunday 16th May - an annual event to educate people about the benefits of a meat-free diet.

During National Vegetarian Week, people are encouraged to try going meat-free for a week, with vibrant and exciting vegetarian recipes being promoted and shared. Emphasis will be placed on children trying the vegetarian option for lunch and sharing their favourite vegetarian dishes in their culture.

Florence Nightingale's Birthday

Florence Nightingale was born on 12th May 1820 in Florence, Italy. She is significant because she was a nurse who saved many lives during the Crimean War. In Victorian Britain, girls would usually do house work or charity work, however, Nightingale founded the new way of modern nursing. She made hospitals much cleaner places, and by training nurses, this helped ill people get better. The children will learn about the significance of celebrating her birthday and the part she played in British history.

Nursery Eid Party

Little Acorn Class will be holding Eid Parties for both AM and PM sessions on Friday 14th May. This day will be a non-uniform day for our Nursery children only. We ask that you provide a packed lunch of two small food items for your child to eat. Please be reminded that we are a 'nut free' school and we kindly ask that any food items that contain nuts are not brought into school. Thank you.

International Day of Families

Friday 14th May will be celebrated as the International Day of Families. We will host a special assembly in the quad to celebrate the diversity amongst our families at Hewens Primary School. Families will share their values and special activities they participate in on a regular basis. They will also share some information about how they coped during the lockdown.



**Aldrin
Alliance**



**Columbus
Alliance**



**Garrett-Anderson
Alliance**



**MacArthur
Alliance**

 <div style="text-align: center;">MAY 2021</div>	
MAY	
Saturday 1st to Monday 31st	National Share a Story Month
Tuesday 4th to Monday 10th	Life Bus Sessions
Friday 7th	Super Slalom Run Challenge
Monday 10th to Sunday 16th	National Vegetarian Week
Wednesday 12th	Florence Nightingale's Birthday
Friday 14th	Eid Celebrations Party - <i>Nursery</i>
Friday 14th	International Day of Families
Friday 14th	Sock in the Box Challenge
Friday 14th	Hearing and Vision Screening - <i>Reception</i>

Hearing and Vision Screening – Reception

On Friday 14th May, the School nurses will be visiting the School to undertake a Hearing and Vision Screening to the Reception children. Please ensure your child attends school on time on that day. Thank you.

Summer Priorities and Parent Calendar of Activities

Please peruse the printed document sent home today outlining our priorities for the Summer Term and how you can help us achieve our targets. Research has shown that effective parental involvement can boost the progress and attainment of children.

In addition, we have also shared the Summer Term calendar of activities so that you are aware ahead of time when special activities are being held at school in order for you to plan ahead. We do hope that you will find this information very useful as we aim to forge stronger partnerships between home and school.

Hewens Primary YouTube Channel

Subscribe, Like and Share

The Hewens Primary School YouTube Channel is finally ready for you to view. We have posted our first set of videos showcasing our Spelling Bee Competition and Summer Virtual Weekly Physical Education Challenge. We are asking all families to subscribe to our channel and like and share the videos.

Watch this space... There will be more interesting content to view in the upcoming weeks!

6R Award for being 'Rational'

AM ACORNS <i>Adyant</i>	PM ACORNS <i>Angelpreet</i>	BLOSSOM <i>Varunesh</i>	CHERRY <i>Aryan</i>
HAZEL <i>Alexandra</i>	MAPLE <i>Paul</i>	ELM <i>Ronnie</i>	WILLOW <i>Abby</i>
BEECH <i>Evelina</i>	PINE <i>Gurjot</i>	ASH <i>Nevaeh</i>	HOLLY <i>Sulaiman</i>
HAWTHORN <i>Savana</i>	ROWAN <i>Ayman</i>	CHESTNUT <i>Edmund</i>	OAK <i>Aman</i>

	Week Commencing: Monday 10th May	
	MENU 3	

MONDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 3	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 4	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Beef Lasagne with Fresh Salad	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 3	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 4	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 3	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 4	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Non Halal
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

Holiday Requests during Term Time

Children's absence during term time will only be approved in exceptional circumstances. Any planned term time leave of absence, must be requested in writing to the Headteacher prior to any travel arrangements being made.

In such circumstances, please contact the School Office and request a Leave of Absence Form, which must be completed and returned to the School Office prior to the absence. Evidence is required to support the request, for term time leave of absence may be requested. You will be notified if your request is approved as soon as possible. If the absence is not approved but taken, it will be recorded as unauthorised.

Please be aware that unauthorised absences could result in the issue of a fixed penalty fine and/or prosecution by the Local Authority. **Please remember the importance of factoring any potential quarantine restrictions into your holiday, so that if any quarantine measures are required, these do not impact on your child's attendance.** If you have any questions or require any further information about this procedure, please contact the School Office. Thank you.