HEWENS PRIMARY
Hewens Road,
Hayes, Middlesex, UB4 8JP

SCHOOL NEWS

HPS327

FRIDAY 14TH JANUARY, 2022

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Properties of Rocks!

In order to explore the properties of rocks, last term, Year 3 carried out a Practical Inquiry! A Practical Inquiry is when you observe what happens. The children investigated whether igneous, sedimentary and metamorphic rocks were hard, soft, durable, dense, permeable or impermeable.

JANUARY TO FEBRUARY 2022

JANUARY	
Monday 17th to Thursday 20th	Bikeability - Year 6
Tuesday 18th	Church Visit - Year 1
Wednesday 19th	Indoor Pedestrian Training - Reception and Year 1
	Outdoor Pedestrian Training - Year 5
Thursday 20th	Around the World Challenge
Monday 24th	Hearing and Vision Screening - Reception
Thursday 27th	Step In Step Out Challenge
FEBRUARY	
Thursday 3rd	Wall Ball Challenge
Friday 4th	NSPCC Number Day - Non-Uniform Day

Bikeability – *Year 6*

The Year 6 children who signed up last term have the opportunity to participate in a 'Bikeability Safer Cycling Course' which will enable them to complete Level 1 and 2 combined.

The course will officially start on Monday 17th to Thursday 20th January. The children should bring in their bike at the beginning of each day or leave the bike at school securely locked up. If you have any questions, please ask at the School Office.

Church Visit – *Year 1*

As part of their Religious Education studies, we have organised a Year 1 trip to Salem Baptist Church on Tuesday 18th January. You will have received a letter with further information about this trip.

Please ensure that you hand in the permission slip to the School Office by Monday 17th January. Thank you.

Indoor Pedestrian Training – *Reception and Year 1*

On Wednesday 19th January, Reception and Year 1 will be taking part in an Indoor Pedestrian Training session. The sessions will last for 30 minutes, where the children will learn about keeping safe as a pedestrian.

Outdoor Pedestrian Training – *Year 5*

Children from Year 5 will be taking part in Outdoor Practical Pedestrian Training sessions on Wednesday 19th January. These sessions will last for one hour per class and will take place out of the School grounds on residential streets surrounding the campus. Please ensure your child has a coat and appropriate clothing on the day to take account of the weather.

Remember - Stop, Look, Listen...THINK!

Hearing and Vision Screening – *Reception*

On Monday 24th January, the School nurses will be visiting the School to carry out a Hearing and Vision Screening for the Reception children.

Week Commencing: *Monday 17th January*

MENU 2

MONDAY		
Meal Choice 1	Beef Meatball Pasta Bake	**Halal**
Meal Choice 2	Beef Meatball Pasta Bake	**Non Halal**
Meal Choice 3	Vegetable Pasta Bake	**Vegetarian**
Meal Choice 4	Meatballs with Gluten free Pasta	**Gluten/Dairy Free**
Dessert Choice	*Strawberry Mousse with Fresh Strawberries*	*Fresh Fruit and Yoghurts*
TUESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	**Halal**
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	**Non Halal**
Meal Choice 3	Creamy Pasta Bake	**Vegetarian**
Meal Choice 4	Lamb Patty with Rice	**Gluten/Dairy Free**
Dessert Choice	*Chocolate Sponge*	*Fresh Fruit and Yoghurts*
WEDNESDAY		
Meal Choice 1	Baked Jacket Potato with Fillings *(sliced chicken, salad, coleslaw, tuna)*	
Meal Choice 2	Sweet Potato with Fillings *(sliced chicken, salad, coleslaw, tuna)*	**Vegetarian**
Meal Choice 3	Baked Jacket Potato with Salad and Beans	**Gluten/Dairy Free**
Dessert Choice	*Fruit Tarts*	*Fresh Fruit and Yoghurts*
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	**Halal**
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	**Non Halal**
Meal Choice 3	Vegetable Tart	**Vegetarian**
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	**Gluten/Dairy Free**
Dessert Choice	*Vanilla Cheesecake*	*Fresh Fruit and Yoghurts*
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	**Halal**
Meal Choice 2	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	**Non Halal**
Meal Choice 3	Vegetable and Cheese Pasta Bake	**Vegetarian**
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	**Gluten/Dairy Free**
Dessert Choice	*Apple Pie*	*Fresh Fruit and Yoghurts*
Please note that all main meals are served with Fresh Vegetables of the Day		

Hillingdon Weekly Challenges

Hewens Primary School will be taking part in the Spring Hillingdon Weekly Physical Challenges as the children had so much fun getting involved in the challenges last year. These challenges will allow children to get active, have fun, improve health, engage new audiences and increase motivation.

Mr Mono (PE Co-ordinator) will provide your teachers with a video of what you need to do each week. Your teachers will show this video in class. These challenges will be done in school and all scores will be recorded by your teachers by Wednesday, the following week.

Please see the schedule below for all upcoming challenges.

- Week 2: Aroung the World – Thursday 20th January
- Week 3: Step In Step Out – Thursday 27th January
- Week 4: Wall Ball – Thursday 3rd February
- Week 5: Tuck In Tuck Out – Thursday 10th February
- Week 6: Air Balloon – Thursday 24th February
- Week 7: To be confirmed – Thursday 3rd March
- Week 8: To be confirmed – Thursday 10th March